

Part of Ageing Well Festival 2025

2.30 pm to 3.30 pm

Wordsley Green

Wordsley

Stourbridge

DY8 5BN



£5.00
per person



How many times have
you **LAUGHED** today

Relieve stress by
allowing laughter to
EMBRACE you

Feel REVITALISED
through deep Yogic
breathwork

on

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