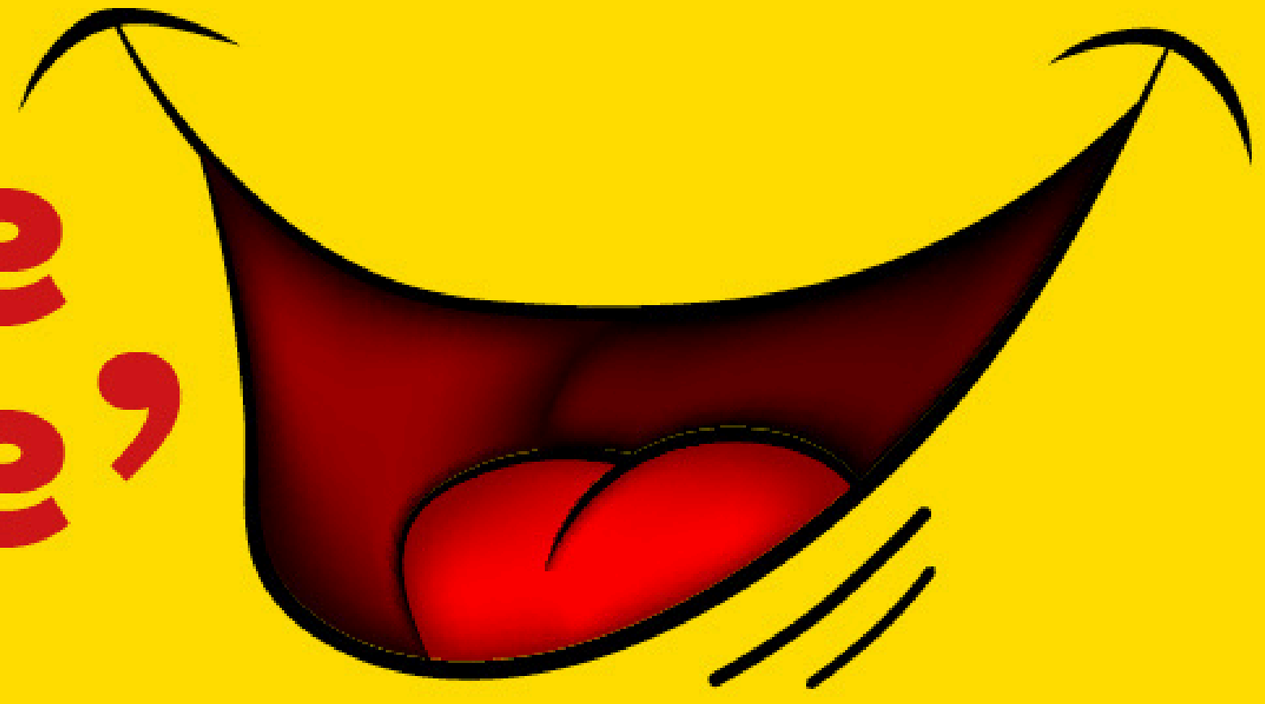
‘Merrie Maggie’



Laughter Yoga with Merrie Maggie

Monday, 15 September 2025

7.00 pm to 8.00 pm

Upstairs room at
Wordsley Community Centre,
The Green, Wordsley
Stourbridge
DY8 5BN

Cost
£5.00

In Laughter Yoga we laugh for ‘no reason’ combined with Yogic breathing - because it’s good for our health and wellbeing.
Come and join us 🤣

For more information,
contact Maggie
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