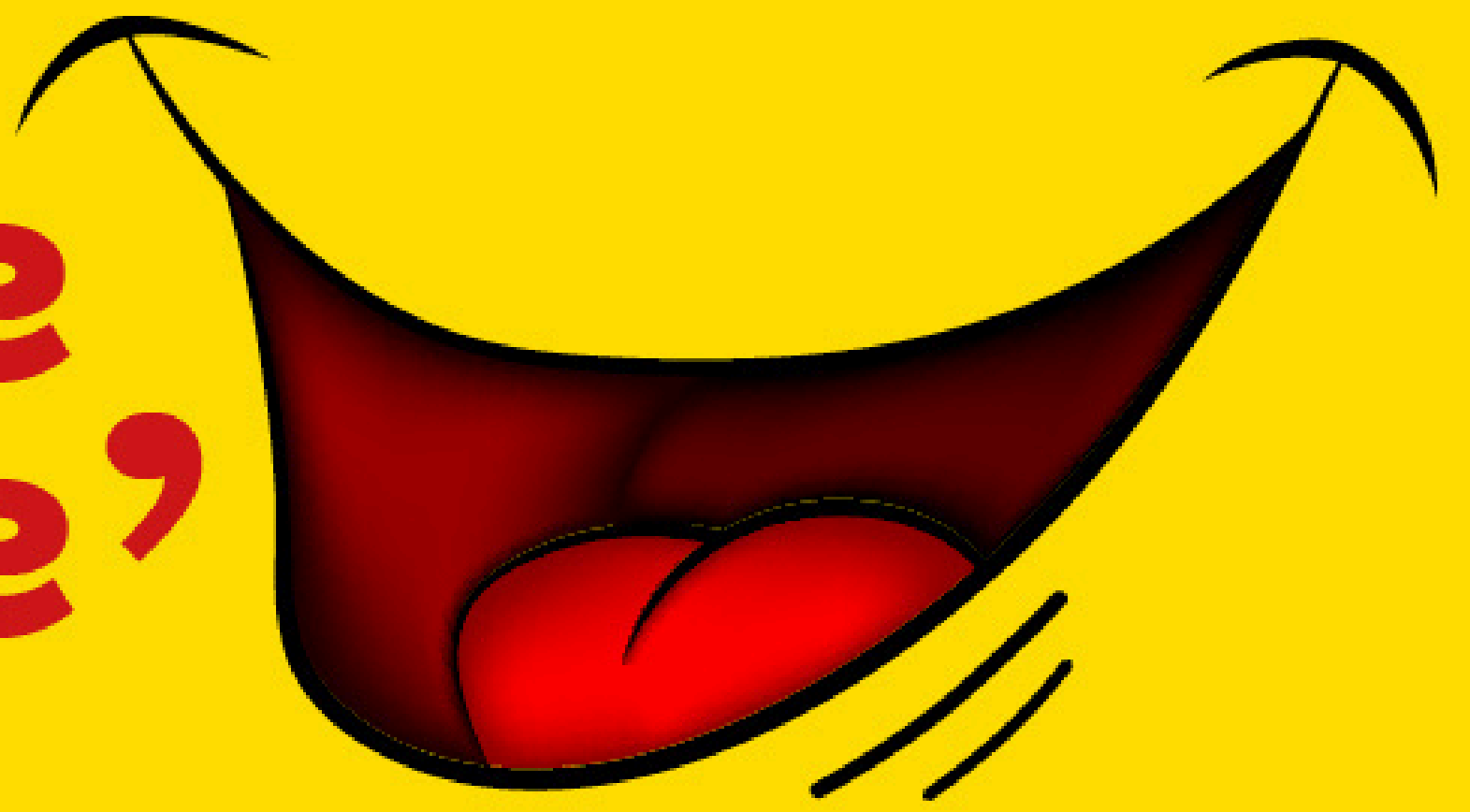


'Merrie Maggie'



Laughter Yoga with Merrie Maggie

Tuesday, 6 May 2025

From 7.00 pm to 8.00 pm

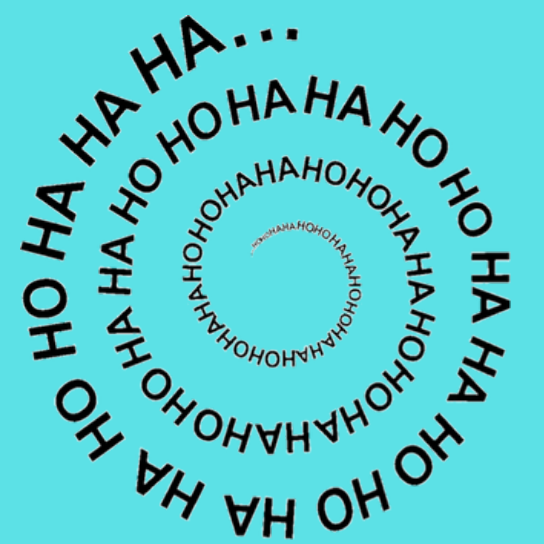
Sedgley Community Centre
Ladies Walk

Sedgley

DUDLEY

DY3 3UA

Cost
£5.00



How many times
have you
LAUGHED today?



HA
HA
HA



Relieve stress by allowing
laughter to **EMBRACE**
you

Laughter makes
you **FEEL** good

Feel **REVITALISED**
through deep Yogic
breathing

For more information,
contact Maggie

on

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