

Laughter Yoga with Merrie Maggie

Saturday, 1 June 2024

From 12.00 noon to 1.00 pm

Malvern Cube (Orange Room)

Albert Roade North

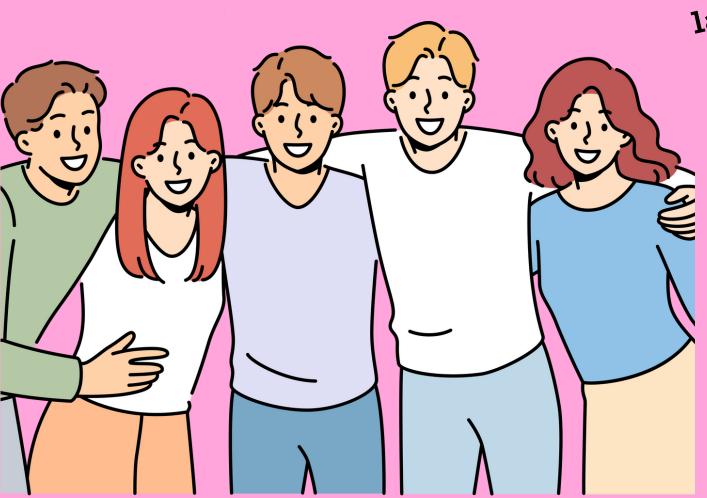
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How many times
have you
LAUGHED today?

Laughter makes
you FEEL good







Relieve stress by allowing laughter to EMBRACE you

Feel REVITALISED
through deep Yogic
breathing

For more information, contact Maggie on

07565 218567

maggie@merriemaggie.co.uk www.merriemaggie.co.uk

