

Laughter Yoga with Merrie Maggie

Monday, 8 April 2024

From 7.00 pm to 8.00 pm

Wordsley Community Centre

(large upstairs room)

Wordsley Green

Wordsley

STOURBRIDGE

DY8 5BN





Feel REVITALISED
through deep
through breathing



How many times
have you
LAUGHED today?

Relieve stress by allowing laughter to EMBRACE you



Laughter makes

You FEEL good

For more information, contact Maggie

on

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