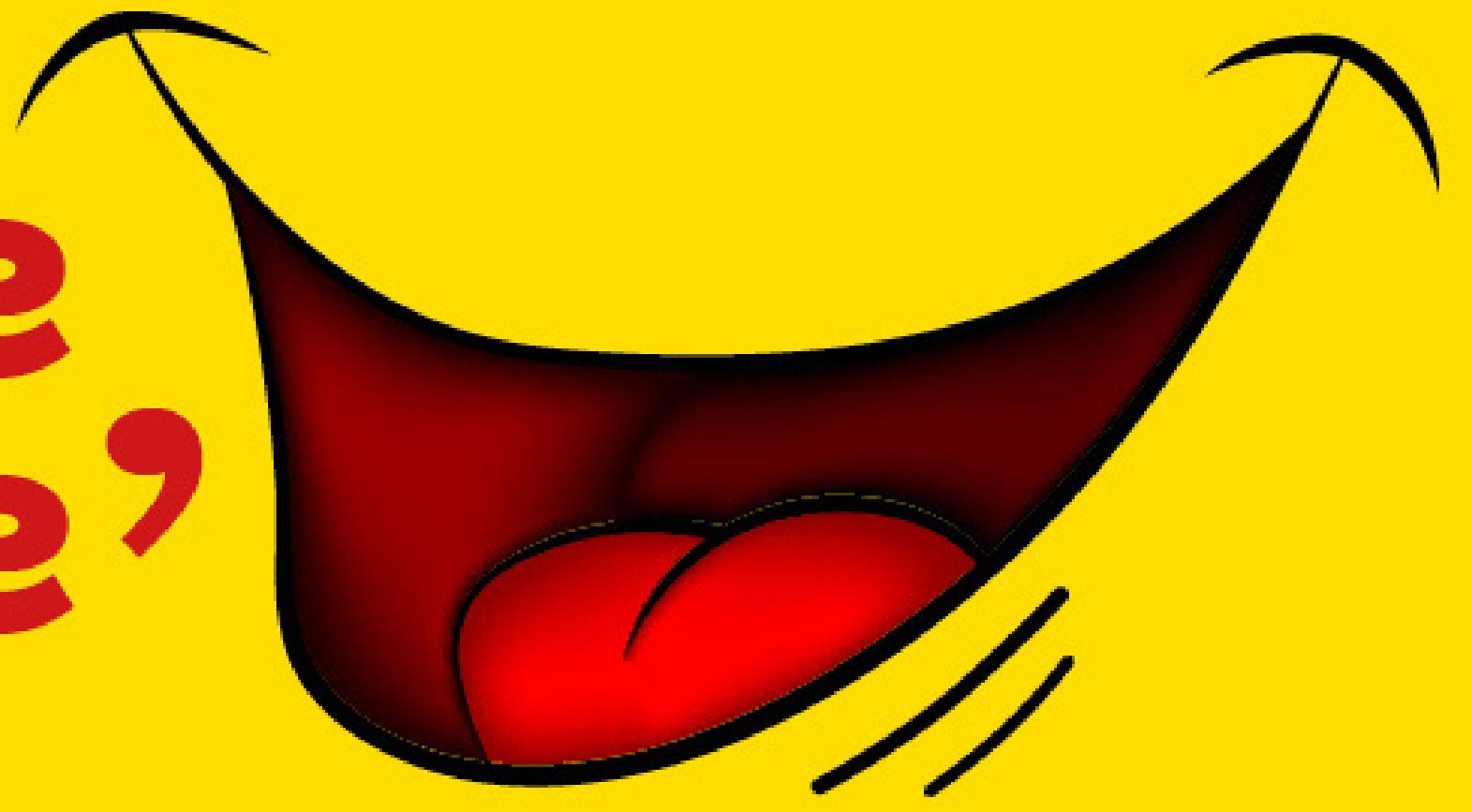


# 'Merrie Maggie'



## WALK with LAUGHTER YOGA

Friday, 24 November 2023

From 10.30 am

Main Car Park  
(£2.00 car park fee)  
Himley Hall & Park  
Himley  
Dudley, DY3 4DF

Cost:  
Donation



How many times  
have you  
**LAUGHED** today?



Relieve stress by  
allowing laughter to  
**EMBRACE** you

Laughter makes  
you **FEEL** good



Feel **REVITALISED**  
through deep Yogic  
breathing

For more information,  
contact Maggie  
on

07565 218567

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[www.merriemaggie.co.uk](http://www.merriemaggie.co.uk)

