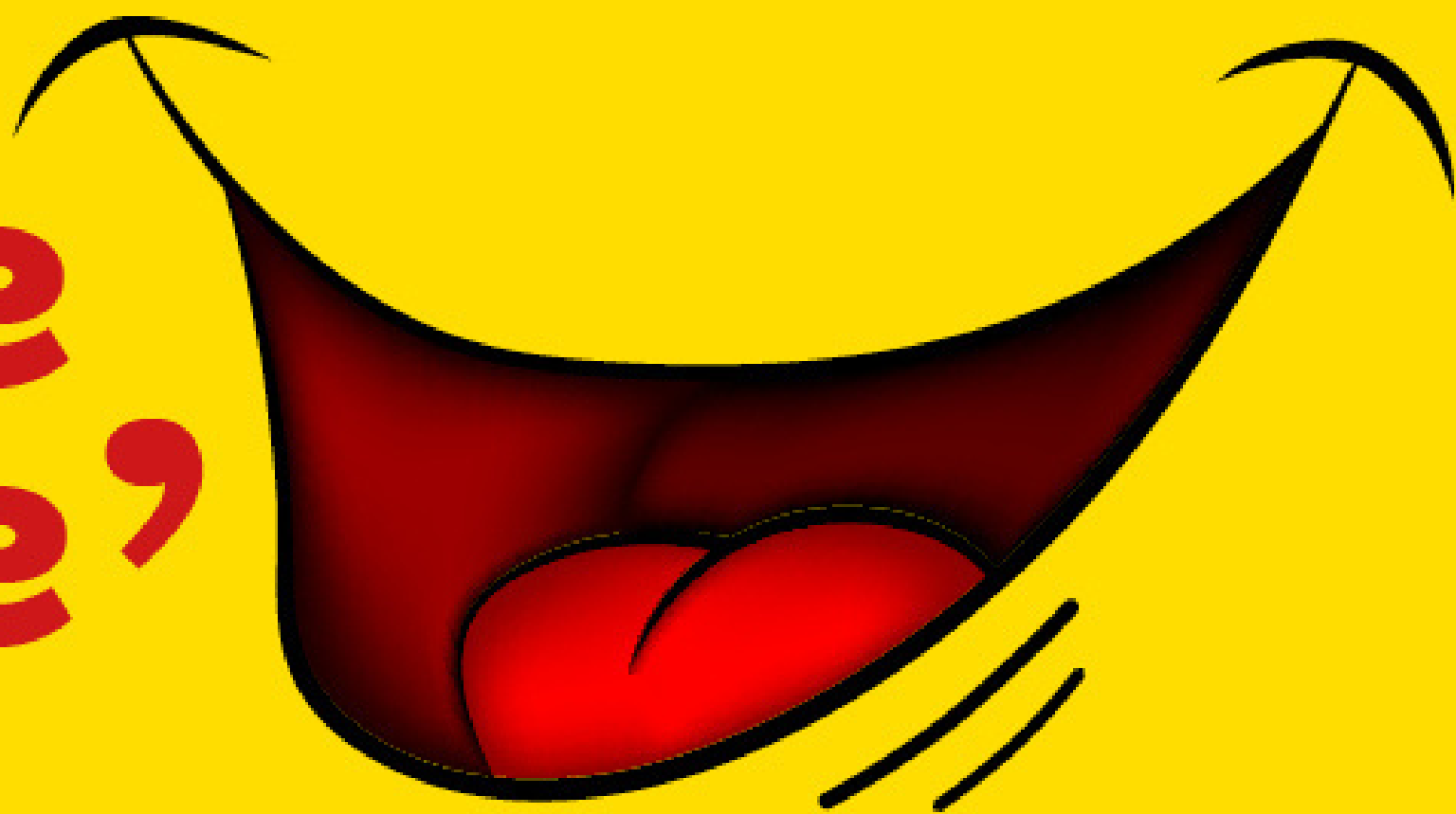


'Merrie Maggie'



Laughter Yoga with Merrie Maggie

Monday, 8 November 2021

From 7.00 pm to 8.00 pm

Wordsley Community Centre

Main Hall

The Green, Wordsley

STOURBRIDGE, DY8 5BN



How many times
have you
LAUGHED today?



Relieve stress by allowing
laughter to **EMBRACE**
you

Laughter makes
you **FEEL** good

Feel **REVITALISED**
through deep Yogic
breathing

For more information,
contact Maggie

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www.merriemaggie.co.uk

