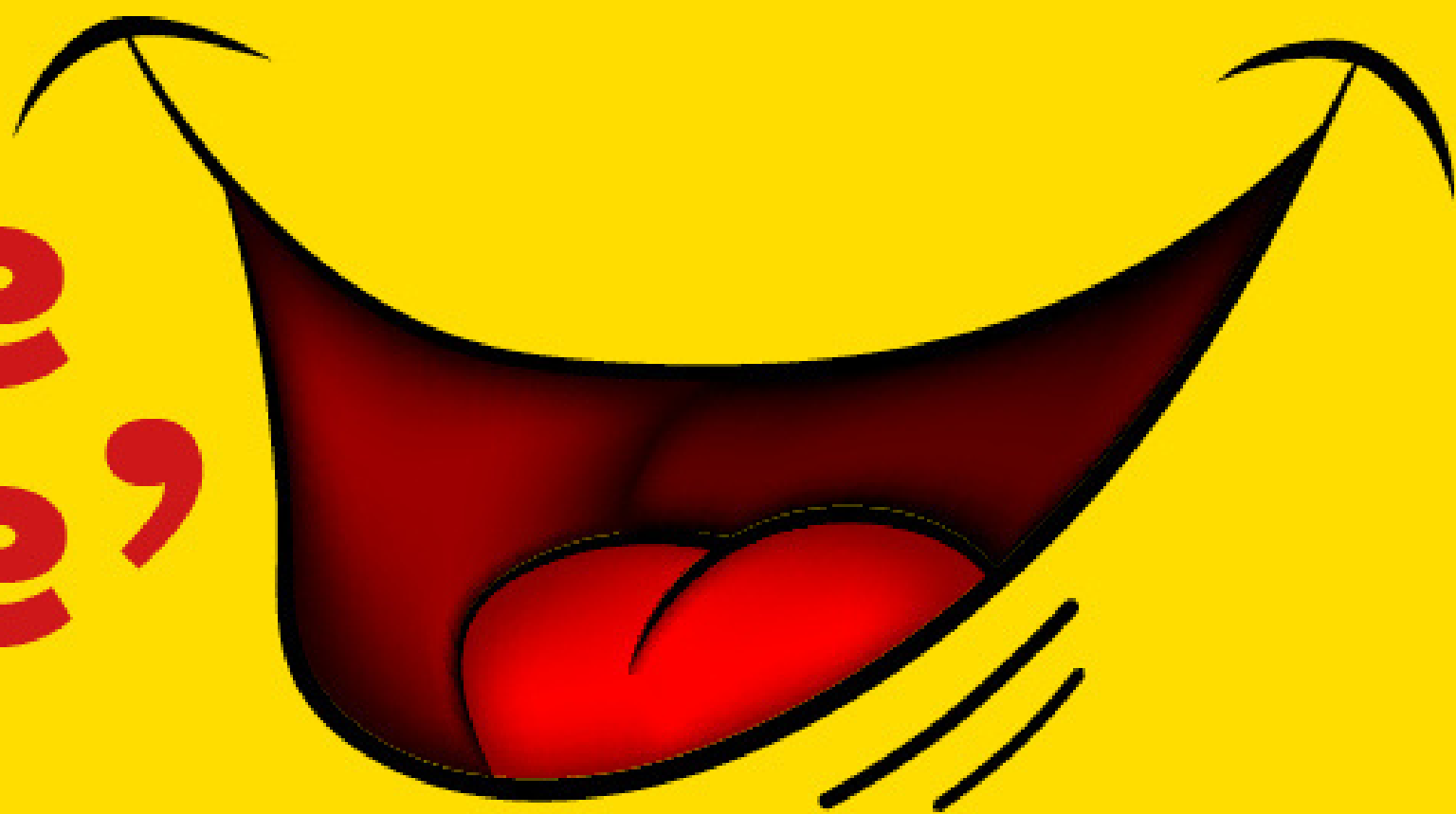


'Merrie Maggie'



Laughter Yoga with Merrie Maggie

Friday, 24 September 2021

From 5.00 pm to 6.00 pm

Outdoor session from Hub Building

Mary Stevens Park,

STOURBRIDGE, DY8 2AA



How many times
have you
LAUGHED today?

Laughter makes
you **FEEL** good



Relieve stress by allowing
laughter to **EMBRACE**
you

Feel **REVITALISED**
through deep Yogic
breathing

For more information,
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on

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www.merriemaggie.co.uk

