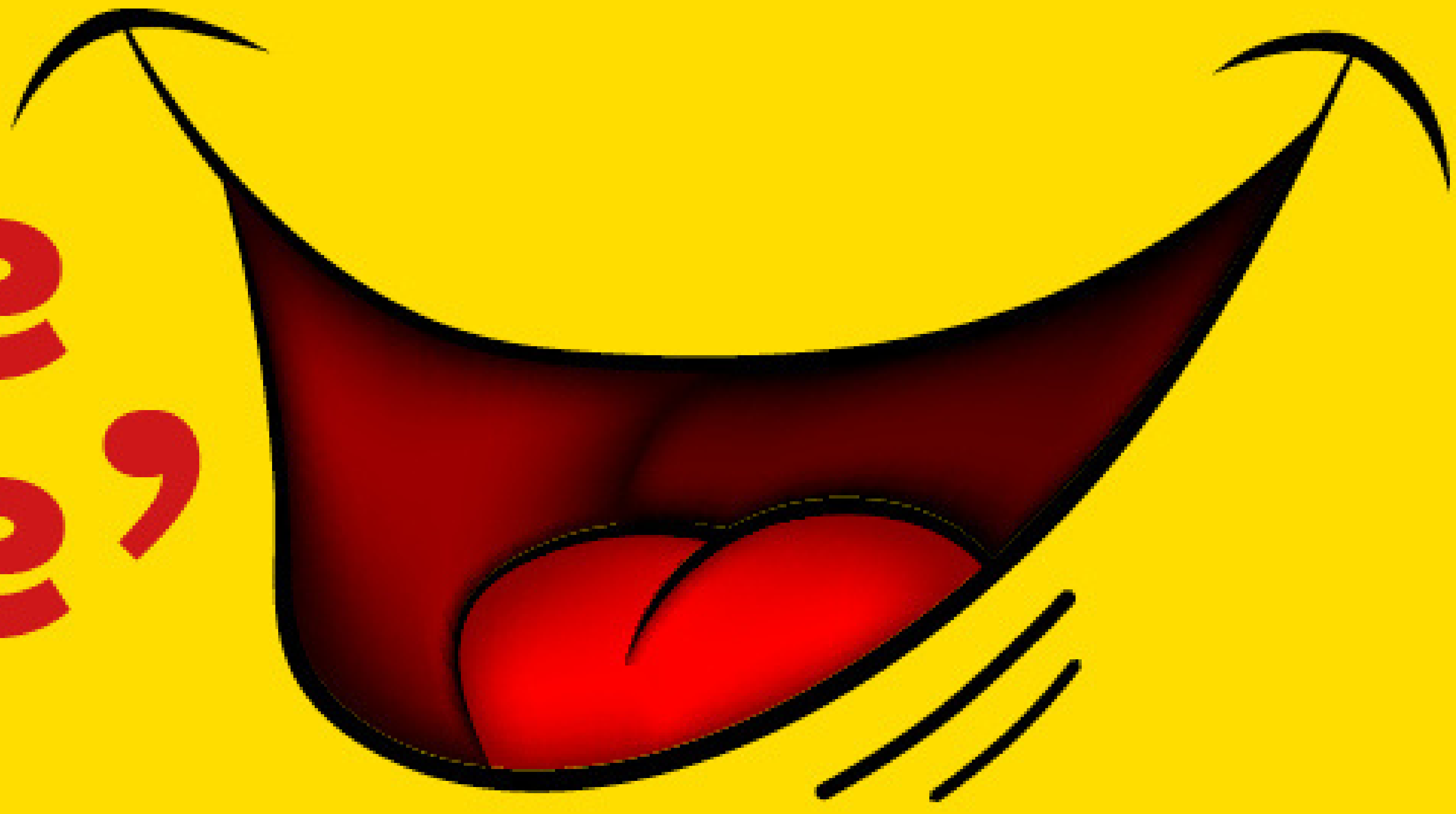
‘Merrie Maggie’



Laughter Yoga with Merrie Maggie

Friday, 16 July 2021

From 5.00 pm to 6.00 pm

Outdoor session from Hub Building

Mary Stevens Park,

STOURBRIDGE, DY8 2AA

How many times have you LAUGHED today?

Relieve stress by allowing laughter to EMBRACE you

Laughter makes you FEEL good

Feel REVITALISED through deep Yogic breathing

For more information, contact Maggie on

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