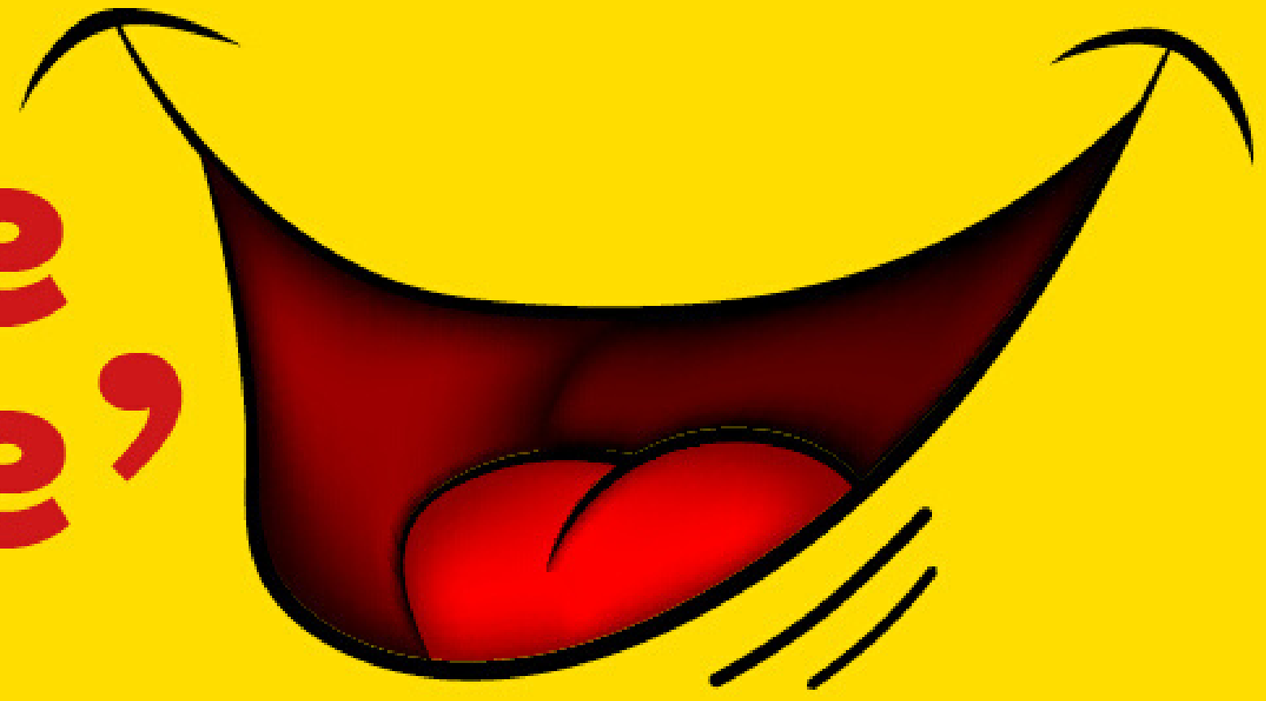
‘Merrie Maggie’



Laughter Yoga with Merrie Maggie

Monday, 9 March 2020

From 7.00 pm to 8.00 pm

Wordsley Community Centre
The Green, Wordsley
STOURBRIDGE, DY8 5BN

How many times have you **LAUGHED** today?

Laughter makes you **FEEL** good

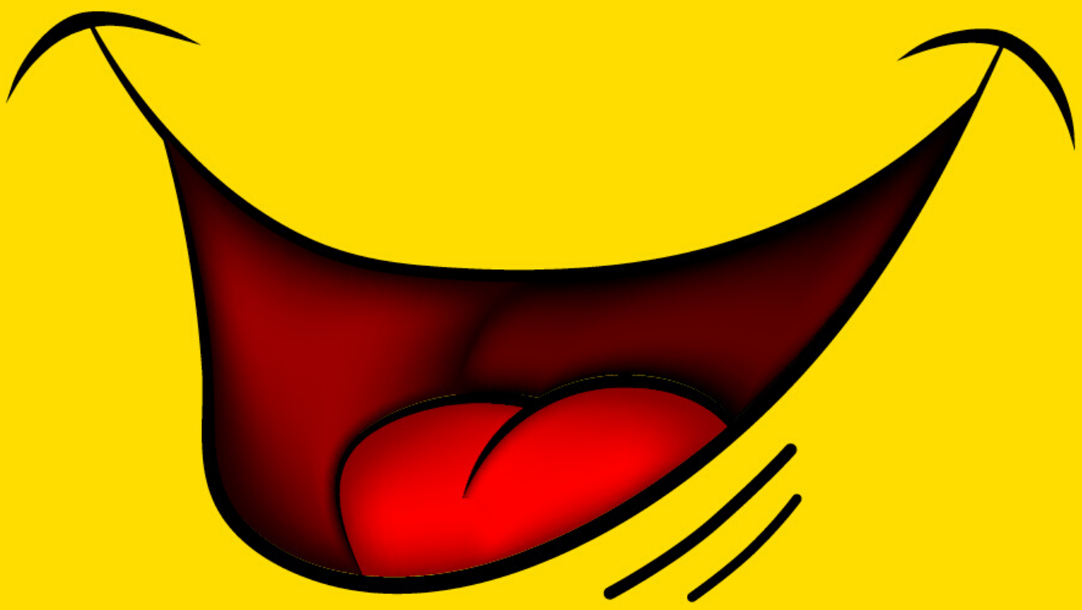
HA HA HA HA…
HO HO HA HA HO HO
HAHOHOHAHAHOHOHAHAHOHOHAHAHOHOHAHA

Relieve stress by allowing laughter to **EMBRACE** you

Feel **REVITALISED** through deep Yogic breathing

For more information, contact Maggie on

07565 218567

maggie@merriemaggie.co.uk

www.merriemaggie.co.uk