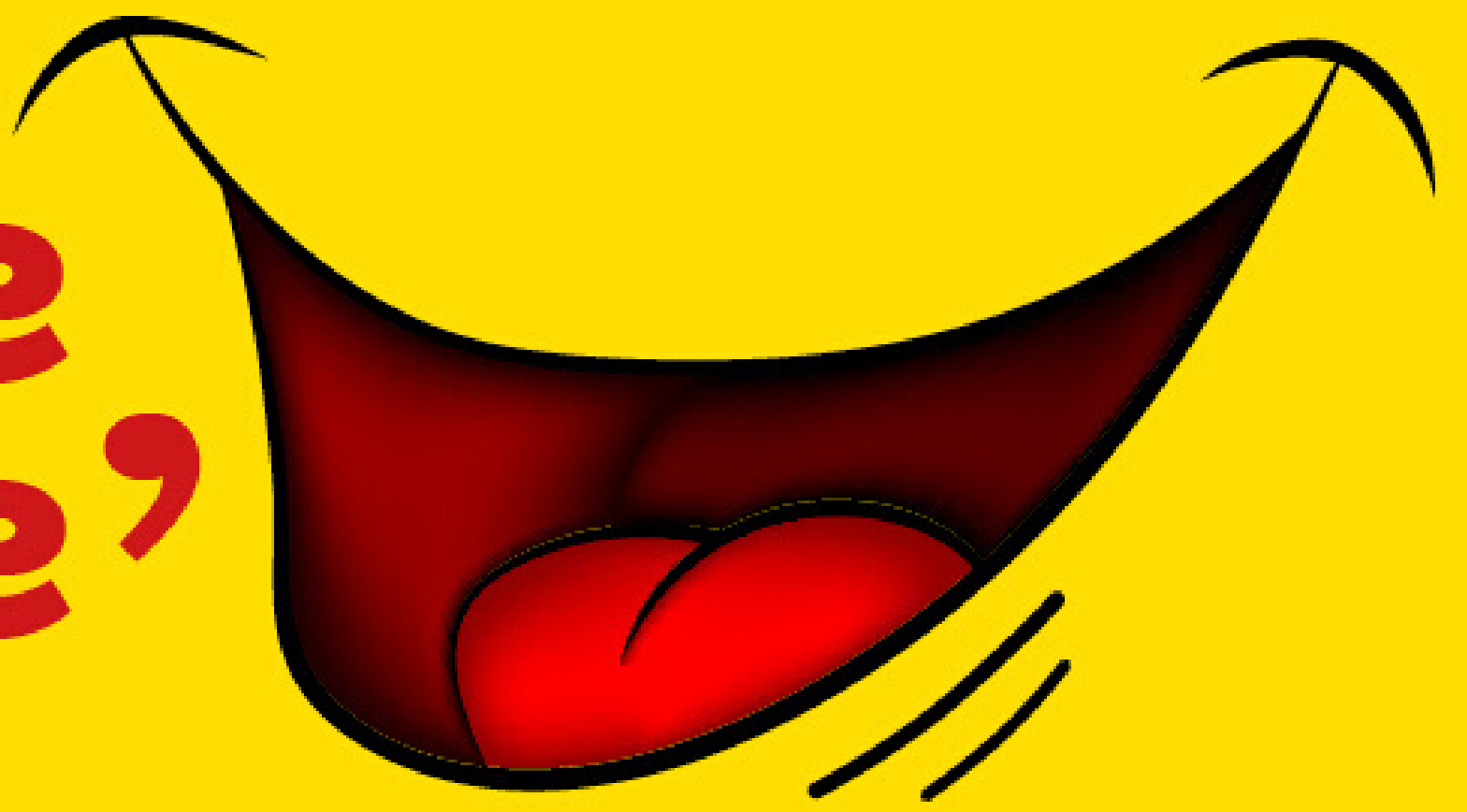


'Merrie Maggie'



Laughter Yoga with Merrie Maggie

In conjunction with Malvern Festival of Ideas

Saturday, 7 March 2020

From 11.00 am to 12.00 noon

Malvern Cube

Albert Road North

MALVERN, WR14 2YF



How many times
have you
LAUGHED today?



Relieve stress by allowing
laughter to **EMBRACE**
you

Laughter makes
you **FEEL** good

Feel **REVITALISED**
through deep Yogic
breathing

For more information,
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