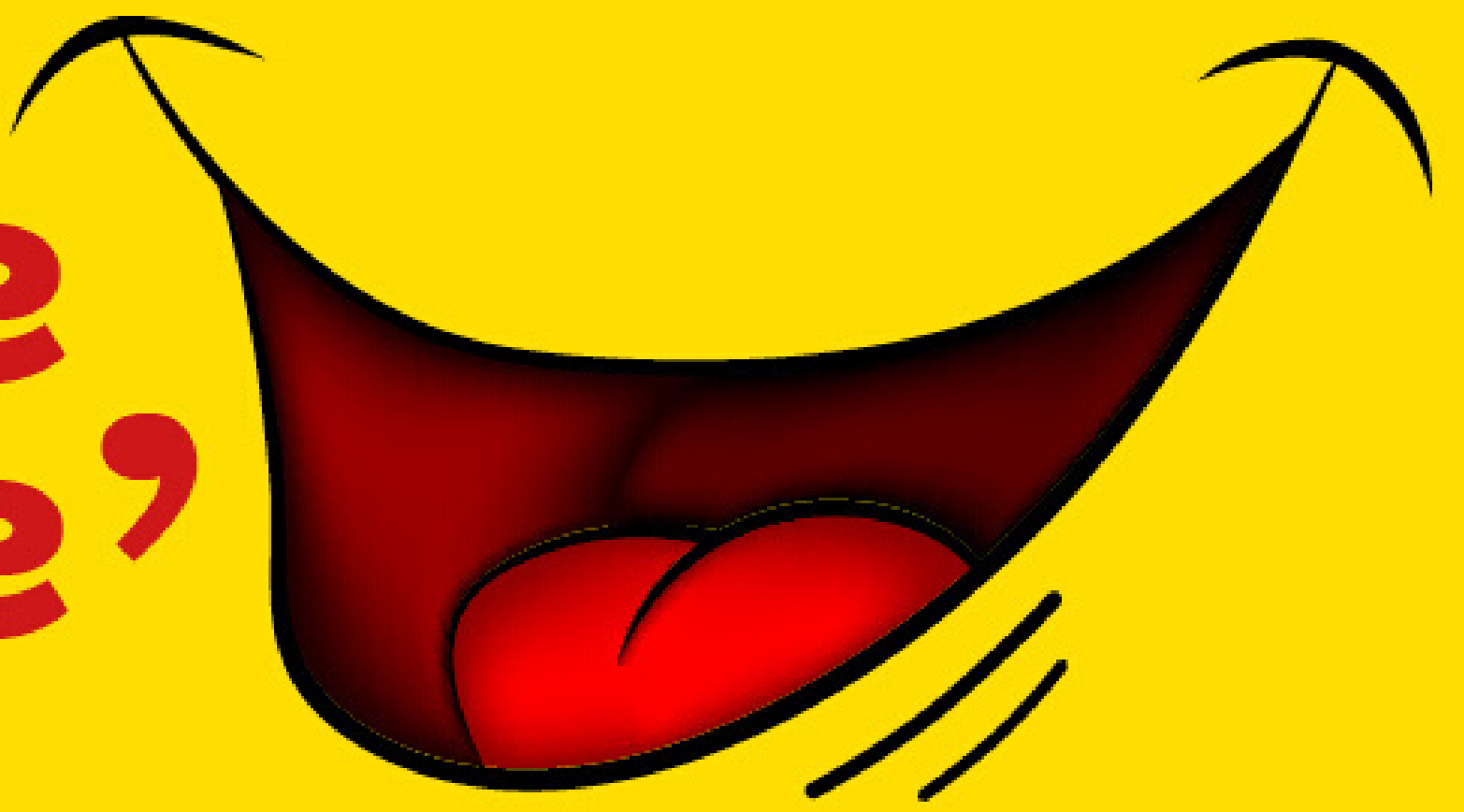


# 'Merrie Maggie'



## Laughter Yoga with Merrie Maggie

Thursday, 26 March 2020

From 2.00 pm to 3.00 pm

Cradley Community Centre  
Colley Lane,  
**HALESOWEN**, B63 2TL



How many times  
have you  
**LAUGHED** today?



Relieve stress by allowing  
laughter to **EMBRACE**  
you

Laughter makes  
you **FEEL** good

Feel **REVITALISED**  
through deep Yogic  
breathing

For more information,  
contact Maggie  
on

**07565 218567**

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**[www.merriemaggie.co.uk](http://www.merriemaggie.co.uk)**

