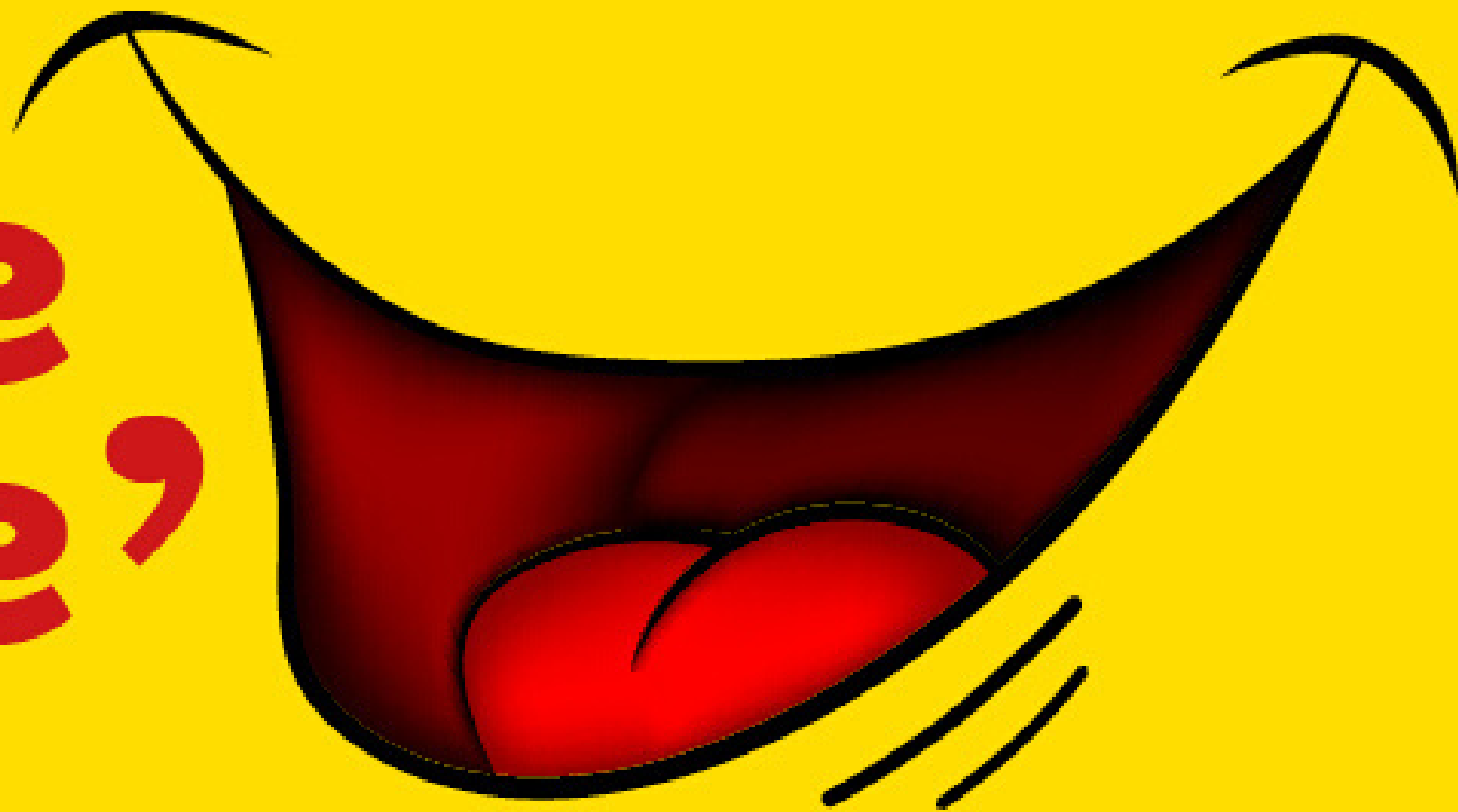


'Merrie Maggie'



Laughter Yoga with Merrie Maggie

Wednesday, 18 March 2020

From 4.00 pm to 5.00 pm

Dudley Leisure Centre
(Practice Hall), Wellington Road,
DUDLEY, DY1 1UH



How many times
have you
LAUGHED today?

Relieve stress by allowing
laughter to **EMBRACE**
you

Laughter makes
you **FEEL** good



Feel **REVITALISED**
through deep Yogic
breathing

For more information,
contact Maggie

on

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www.merriemaggie.co.uk

